

I do a good job
of taking care of myself
everyday



I'm proud of my
efforts



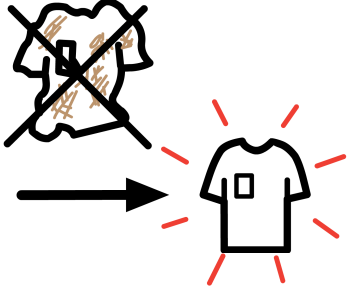
I keep my body clean



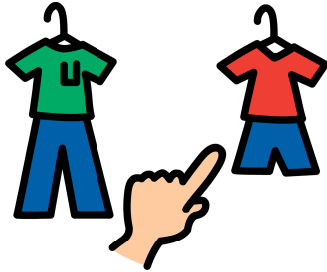
I wash my face
and hands



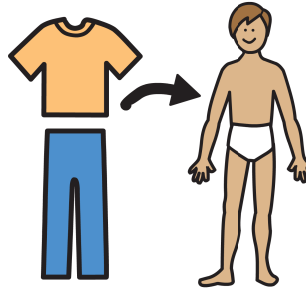
I wash my hair



I wear clean
clothes



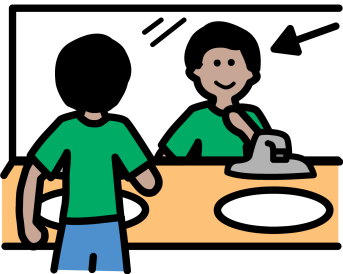
I pick out clothes
to wear



I get dressed



I wear a jacket
when it's chilly



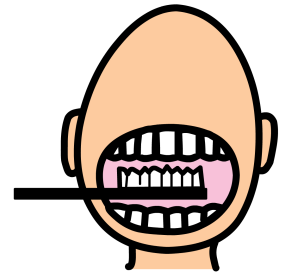
I check my self
in the mirror



I comb or brush
my hair



I blow and clean
my nose



I brush my teeth



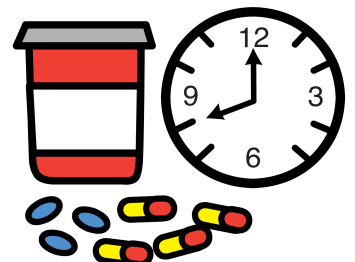
I clip my finger nails



I clip my toe nails



I use lotion and
sunscreen



I take my medicine