Sometimes I feel sick

headache

stomachache

fever

diarrhea

runny nose

sneezing

cough

throw up

sore throat

I need HELP when I feel sick

I need to tell an adult: I feel sick

If I feel sick at school

I need to tell my teacher right away

If feel sick at home

I need to tell my Mom or Dad

A doctor might help me get better

Sometimes my Mom or Dad will give me medicine

They will take care of me

Soon I will feel better!